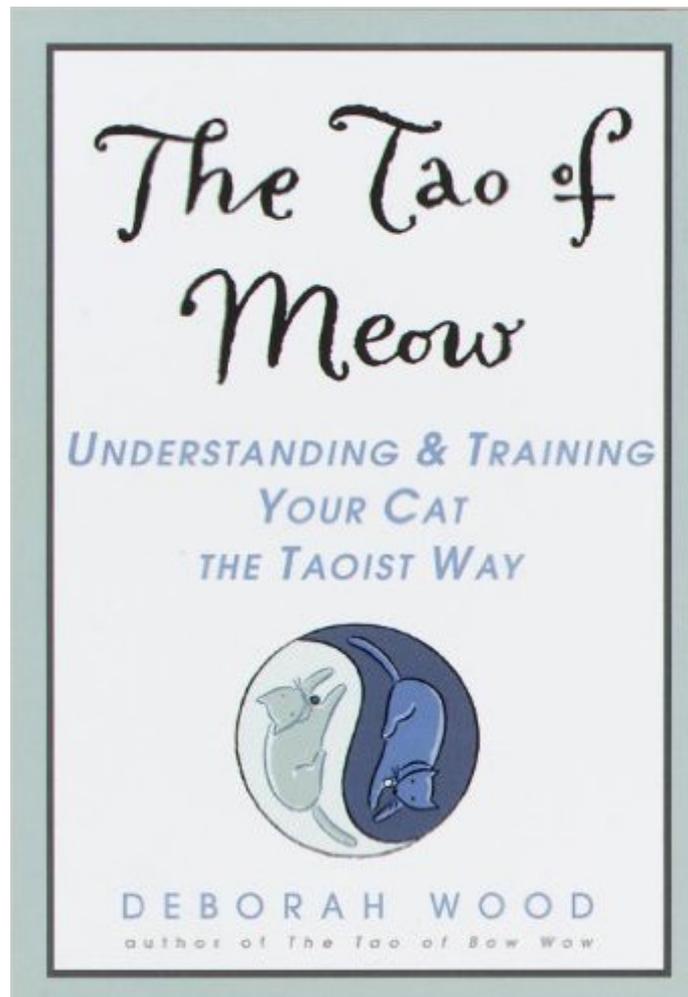


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# The Tao Of Meow: Understanding And Training Your Cat The Taoist Way



## Synopsis

Use the gentle principles of Taoism to forge a profound and joyful relationship with your cat. The epitome of yin-yang, the cat is perfectly balanced between tame and wild, sociability and solitude, action and rest. Called inscrutable and mysterious, perhaps even recalcitrant, felines have been deemed difficult to understand and train. Not anymore. Using the kind, gentle principles of Taoism, veteran trainer Deborah Wood introduces her revolutionary "no force, no punishment" method of creating a loving, harmonious relationship with your cat . . . a companionship filled with unparalleled rewards and unconditional love. Discover: Step-by-step remedies for difficult problems: refusal to use the litter box, aggression, clawing furniture, and spraying urine Cat massage and other techniques to increase the flow of qi and create telepathic communication between human and animal Interactive human-cat games to give the cat essential mental and physical stimulation The practice of wu wei, action through nonaction, to enrich your relationship Taoist diet needs, a path to understanding a cat's finicky eating, and the best foods for glowing health

## Book Information

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## Customer Reviews

This is a rather refreshing change from normal cat guides out there, as it uses the concept and principles of Tao to let you gain a better understanding of your cat. The author strives to relate cats to the philosophy of Tao as closely as she could, and the step-by-step remedies for kitty problems areas are useful and I find the additional information such as cat massage a nice, additional treat. This book focus more on building a strong and close bond with your cat via the ways of Tao, and it

also offers certain insights which I found to be really true with my little kitty boy! Certain points in the book are also thought-provoking, and apart from learning about cats, we might also learn a thing or two about life from them. Although this is not a full or complete guide to cat matters, this is still, a very nice and refreshing book to enjoy in your armchair. If you're looking for something to complement or enhance your readings of cats, get this! It'll surely provide you with hours of reading joy. :)

I bought the Tao of Bow Wow and liked it so I thought I'd like this one. Couldn't get through it although I'll eventually give it another try.

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